

Parental consent form for 16 & 17-year-old Gym Members

This form is an agreement between Resultz Gym and the parent/caregiver of the child that wishes to gain membership. **ALL 16 & 17 -year-olds** must ensure that their parent/caregiver has filled out this form and they accompany you whilst you undertake your gym induction brief and issue you with your access card.

In addition to this form, the online membership application will need to be filled out and the parent/caregiver will need to electronically sign the second Signature panel and provide their driver's license details in the event that the child does not have a driver's license.

Consent

By signing this form (below) I agree that:

- I have read the Resultz Gym terms and conditions (they are able to be viewed on the online application form)
- I give consent for my child, _____ to use the facilities provided at Resultz Gym
- I understand and have discussed with my child that Resultz Gym is at times unsupervised and that they are to abide by all Gym rules and guidelines set out in the terms and conditions and induction brief.
- I have discussed with my child and the Resultz Gym owner/representative about any potential limitations utilising any of the equipment due to my child's age, fitness level, and any previous illness/injury
- I agree to contact the Resultz Gym owner/representative if I have any concerns or queries whatsoever in relation to my child's fitness regime being undertaken at Resultz Gym
- I understand that there is a risk of physical injury during exercise. Very Heavy resistance training for teenagers that are not fully developed can be detrimental to future growth and development. I agree to ensure my child is well informed on the ramifications of this type of training when not controlled.

Parent/Carer Name: _____ (please print)

Parents/Carer's Signature: _____ Date: ____/____/____

E-mail: _____ Mob Number: _____

If you have any additional information you wish to add to this agreement between you, your child, and Resultz Gym please add this here:
